



THE NUTRITION CHANGER

Your Family Dietitian



AS SEEN **Dietitian**
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Meet Qianzhi Jiang, PhD, RDN, LDN

My name is Qianzhi (pronounced: Changee). I am a registered dietitian nutritionist in Natick, MA, 20 miles outside of Boston. As a mother of two, I empower working parents to raise healthy, happy kids while taking care of themselves, at work and at home.

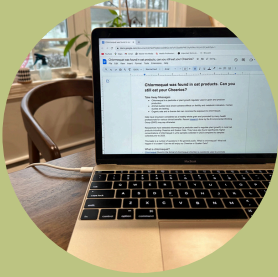
I am also an adjunct nutrition professor and enjoy training the next generation nutrition professionals. As a Master-The-Media certified expert with 10+ years in research and higher education, I translate scientific findings and guidelines into easy-to-understand, actionable recommendations for the general public.



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Services



- Nutrition & Health writing
- Nutrition & Wellness Lectures
- Nutrition Consulting
- Blogs, Newsletters
- Recipes & Cooking Demos
- Broadcast, Print & Web Interviews
- Quotes & Tips in Press Release
- Social Media Content Creation
- Toolkits for Health Professionals
- Talent at Events & Trade Shows
- And MORE!



How I can help

- Evidence-based recommendations supported by 10+ years in higher education and research
- Scientific findings translated into plain languages
- Creative and interactive connections with your audience through speaking, food demos, social media content and more
- Multicultural perspectives and emphasis on diversity

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Qianzhi Jiang PhD RDN LDN